

TEST SUBMISSION FORM

Please enter your details carefully onto this form and send back with your hair sample in the postage bag provided.

Please enter the details of the person(s) being tested:

Please ensure that the details match the sample bags.

Person One:

Order No.: **Date:**

Person Two: (If applicable)

Person Three: (If applicable)

Person Four: (If applicable)

Person Five: (If applicable)

Please provide an email address to receive test results
(please write clearly in **BLOCK CAPITALS**)

Primary email address:

Test purchased

☐ Ultimate Test

☐ Core Test

☐ Single Test for 1 Person

☐ Family Test for 5 Persons

☐ Couples Test for 2 Persons

Please sign and date below to confirm all the samples included are for the person(s) you have detailed on this form.

Signature..... Date.....

HAIR SAMPLE COLLECTION

TESTING FACILITY ADDRESS

Return this completed form with your clearly labelled hair sample to:

Ireland Food Intolerance
Walters Suite, Mohan Business Centre
Tamworth Road
Long Eaton
NG10 1BE

INSTRUCTIONS

Our tests only require a few hairs (3 / 4 strands) if your hair is longer than an inch. We test any form of hair from your body. If your hair does not currently exceed one inch in length, please ensure you send in multiple strands.

Ideally, samples should include the hair root, however we understand that this is not always possible.

If cutting the hair, please ensure you cut as close to the root as possible.

Hair dye or washing treatments do not affect the testing.

Once the hair sample is collected, place the strands into the small grip seal bag and write on the bag label the name of the person being tested.

Please only send us one sample per person.

Place your hair sample(s) in a secure envelope or postage wallet and post to our lab using the address detailed above. Please ensure correct postage is paid. Incorrect postage can cause delays to the processing time.

You can expect your results within 72 hours of our testing facility receiving your sample. Please allow up to 5 additional days for the post to reach us.

QUESTIONS?

If you require further explanation of any part of these instructions, please do not hesitate to contact us. Please go to the website for contact details.